

<b>POP Issues</b>	<b>Hypnosis &amp; Autonomic Training (AT)</b>	<b>POP Intimacy Challenges</b>	<b>Sex &amp; Intimacy Counseling</b>
POP Stresses	Stress Reduction & AT	Need New Sexual Options	Counseling & Intimacy Strategies, Sex Ed
Body Image, Self Esteem	Hypnosis to Improve Self-Esteem	Body Image, Self Esteem	Counseling
Surgeries & Procedures	Medical Hypnosis: Pre- and Post-Op	Surgical Impacts on Intimacy	Counseling & Intimacy Strategies, Sex Ed
Pelvic Pain	Hypnosis & AT to Manage Pelvic Pain	Pelvic Pain	Counseling & Intimacy Strategies
Treatment Compliance	Motivational Hypnosis	Renewal of Bonding, Intimacy	Erotic Hypnosis Class for Couples, Sex Ed
Pre-Op Weight Management	Weight Loss Hypnosis	Colpoclesis	Counseling & Intimacy Strategies
Incontinence	Hypnosis & AT	Incontinence	Counseling
Shame, Guilt	Hypnosis to Release Shame and Guilt	Shame, Guilt	Counseling