



Elisabeth “Eli” Sheff, PhD, CSE

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Curriculum Vitae

Current Positions

Lecturer

- University of Tennessee, Chattanooga, Department of Social, Cultural, and Justice Studies

CEO, Director of Legal Services

- Sheff Consulting Group, 2012 to present

Previous Positions

Special Scholar in Residence, Soziologisches Institut

- University of Zurich, Switzerland, Fall Semester, 2018

Court Appointed Special Advocate

- Fulton County Family Court, Georgia, 2012 – 2017

Visiting Professor

- Emory University, Rollins School of Public Health, Atlanta, 2013 - 2015

Lecturer, Department of Social Sciences

- Oglethorpe University, Atlanta, 2014-2015

Assistant Professor

- Georgia State University, Atlanta, 2004 – 2012

Visiting Professor

- University of Montana, Missoula, Spring 2004

Graduate Teacher Part-time Instructor (GTPI)

- University of Colorado, Boulder, 1997 - 2004

Education

Ph.D., Sociology

- University of Colorado, Boulder, 2005
- **Dissertation** Sheff, Elisabeth. 2005. *Gender, Family, and Sexuality: Exploring Polyamorous Community*. Unpublished doctoral dissertation submitted to the Faculty of the Graduate School of the University of Colorado in partial fulfillment of the requirement for the degree of Doctor of Philosophy, Department of Sociology.

BA, Cum Laude

- California State University, Sonoma, 1994

Certifications

Sexuality Educator

- American Association of Sexuality Educators, Counselors, and Therapists (AASECT), 2013

Guardian Ad Litem, Court Appointed Special Advocate

- Fulton County Juvenile Court, Atlanta Georgia, 2012 - 2017

Specialty Areas

Sex & Gender Diversity, Family, Law, Policy, Gender, Deviance, Sociological Theories, Qualitative Methods

Publications

2020 Sheff, Elisabeth. *Children in Polyamorous Families: Research Findings in Brief*. Forthcoming.

2020 Sheff, Elisabeth. Polyamory is Deviant, but Not for the Reasons You Might Think. *Deviant Behavior*. Forthcoming.

2019 Pallotta Chiarolli, Maria, **Sheff, Elisabeth**, and Mountford, Maria. Polyamorous Parenting in Contemporary Research: Developments and Future Directions in Goldberg, Abbie and Allen, Katherine (Eds) *The Sage Encyclopedia of LGBTQ Studies Vol II*. Thousand Oaks: Sage.

- 2018 Sheff, Elisabeth. "Marriage, Definition and Forms" in *Encyclopedia of Intimate and Family Relationships*. Pgs. 721-3. Macmillon.
- 2017 Sheff, Elisabeth. "What you can Learn from Polyamory" *Greater Good in Action: Science-based Practices for a Meaningful Life*. University of California, Berkeley.
http://greatergood.berkeley.edu/article/item/what_you_can_learn_from_polyamory
- 2016 Sheff, Elisabeth. *When Someone you Love is Polyamorous*. Portland, OR: Thorntree Press.
- 2016 Sheff, Elisabeth. "Resilient Polyamorous Families" in *Critical & Experimental: Dimensions in Gender and Sexual Diversity* (pgs. 257-280). Edited by Karian, Previn. Eastleigh, UK: Resonance Publications
- 2016 Kieran, Rachel, and **Sheff, Elisabeth**. "Distinguishing Between Intimate Partner Violence and BDSM/Kinky Sex in the Therapist's Office and the Emergency Room" in *Critical & Experimental: Dimensions in Gender and Sexual Diversity* (Pgs. 141 – 159). Edited by Karian, Previn. Eastleigh, UK: Resonance Publications.
- 2015 **Sheff, Elisabeth** and Tesene, Megan. "Consensual Non-Monogamies in Industrialized Nations" in the *Handbook of Sexualities* edited by DeLamater, John and Plante, Rebecca. Pgs 223-242. New York: Springer.
- 2015 Sheff, Elisabeth. "Polyamorous Parenting" in *The Sage Encyclopedia of LGBTQ Studies* edited by Goldberg, Abbie. Thousand Oaks: Sage.
- 2015 Sheff, Elisabeth (Editor). *Stories from the Polycule: Real Life in Polyamorous Families*. Portland, OR: Thorntree Press.
- 2014 Sheff, Elisabeth. *The Polyamorists Next Door: Inside Multiple Partner Relationships and Families*. Lanham, MD: Rowman and Littlefield.
- 2014 Sheff, Elisabeth. "Not Necessarily Broken: Redefining Success when Polyamorous Relationships End" in *Selves, Symbols and Sexualities: Contemporary Readings*, edited by Newmahr, Staci and Weinberg, Thomas. Chapter 14, 201 - 214. Thousand Oaks, CA: Sage.
- 2013 Goldfeder, Mark and **Sheff, Elisabeth**. "Children in Polyamorous Families: A First Empirical Look," *The Journal of Law and Social Deviance*. Volume 5, pages 150 – 243. <http://www.lsd-journal.net/archives/Volume5/ChildrenOfPolyamorousFamilies.pdf>
- 2013 Sheff, Elisabeth. "Why do Some People Feel Threatened by Others' Sexual Orientations?" in *100 Subcultures: A Journey Through Diversity*. Edited by Bigum, Pernile. Copenhagen, Denmark: CO+ Publishing.

- 2013 Sheff, Elisabeth. "Workplace Issues facing LGBTQIA Employees" in *What's the Difference: Embracing Diversity* edited by Eastman, Linda. Pages 115-126. Prospect, KY: PWN Books.
- 2012 Sheff, Elisabeth. "Polyamory and Divorce" in *Cultural Sociology of Divorce, an Encyclopedia*, Thousand Oaks, CA: Sage.
- 2011 Sheff, Elisabeth. "Polyamorous Families, Same-sex Marriage, and the Slippery Slope" *Journal of Contemporary Ethnography* 40(5): 487 – 520.
- 2011 **Sheff, Elisabeth** and Hammers, Corie. "The Privilege of Perversities: Race, Class, and Education Among Polyamorists and Kinksters" *Psychology & Sexuality* 2(3): 198-223.
- 2010 Sheff, Elisabeth. "Strategies in Polyamorous Parenting" in (Eds.) Barker, Meg and Langdridge, Darren, *Understanding Non-monogamies*. Pages 169 – 181. London: Routledge.
- 2008 Sheff, Elisabeth. "Polyamory" in *Sex and Society*. New York: Marshall Cavendish.
- 2007 Sheff, Elisabeth. "The Reluctant Polyamorist: Auto-ethnographic Research in a Sexualized Setting" in Stomblor, M., Baunach, D., Burgess, E., Donnelly, D., and Simonds, W. (Eds.) *Sex Matters: The Sexuality and Society Reader*. Second Edition, Pgs. 111-118. New York: Pearson, Allyn, and Bacon.
- 2006 Sheff, Elisabeth. "Poly-Hegemonic Masculinities" *Sexualities*, 9(5): 621-642.
- 2006 Sheff, Elisabeth. "A Short Primer on Polyamory" in *Choices in Relationships* by David Knox and Caroline Schacht. Ninth Edition, Pgs. 94 – 95. Belmont, California: Wadsworth Publishing Company.
- 2005 Nielsen, Joyce; Robyn Marschke, **Elisabeth Sheff**, and Patricia Rankin. "Vital Variables, Feminist Consciousness, and Insider/Outsider Status in Interaction Research: Confessions from a Feminist Empiricist Project" *SIGNS: A Journal of Women in Culture and Society*, 31(1): 1-28.
- 2005 Sheff, Elisabeth. "Polyamorous Women, Sexual Subjectivity, and Power" *Journal of Contemporary Ethnography*, 34(3):251-283.
- 2009 Reprinted in Ferraro, Kathleen. *Women's Lives*. New York: Prentice Hall

- 2006 Reprinted in White, Jacqueline. *TAKING SIDES: Clashing Views in Gender*, Third Edition. New York: McGraw Hill.
- 2003 Sheff, Elisabeth. Review of *Voicing Chicana Feminisms: Young Women Speak Out on Sexuality and Identity* in *Gender and Society*, 17(6): 958-960.
- 1999 Uman, Deborah and **Elisabeth Sheff**. “Feminist Politics in Action: Organizing the Feminist Symposium” *Feminist Collections: A Quarterly of Women’s Studies Resources*, 20(3):19.

Works in Progress

Sheff, Elisabeth; Rhoten, Kimberly; and Lane, Jonathan. Polyamorous Families can be in the Best Interests of Children. Targeted for the *Harvard Law Review*.

Sheff, Elisabeth and Shenker, Benjamin. Towards a National Policy of Multiple Parents to Support Children. Targeted for the *Journal of Family Issues*.

Sheff, Elisabeth. Kinky Sex Gone Wrong: Consent, Age Play, and Breath Play. Targeted for the *Archives of Sexual Behavior*.

Sheff, Elisabeth. *Growing up in a Polyamorous Family: Results from a Twenty-Five Year Study*. For Rowman & Littlefield.

Sheff, Elisabeth. *The Persistent Polyamorists: Aging in Polyamorous Families*. For Rowman & Littlefield.

Sheff, Elisabeth. *Should we Open Our Relationship?: A Guidebook for Couples Considering Consensual NonMonogamy*. For Rowman & Littlefield.

Invited Conference Presentations

- 2019 *Research Findings on Polyamorous Families*, Lavender Law Annual Meeting, Philadelphia PA
- 2019 Polyamory Symposium Invited Presenter and Moderator, Vienna Austria, June 7, 2019.
- 2019 *Distinguishing Between Sex Addiction and Consensual NonMonogamies*, Keynote address to Finding Freedom LGBTQ Symposium, Palm Springs, CA
- 2018 *Evolutions of Chosen Families*, Keynote address to Southwest Love Fest, April 6 – 8, 2018. Tuscon, AZ.
- 2017 A series of eight workshops on polyamory, invited featured speaker, Al Foro Poliamor, Spain, June 16-18, 2017.

- 2017 *Which form of CNM is Right For YOU?* Keynote Address to Outlantacon, May 12-14, 2017. Atlanta, GA
- 2016 Seven workshops, Featured speaker, Endless Poly Summer, Abrams Creek Conference Center, West Virginia, June 19-24, 2016
- 2016 Three workshops, Featured Speaker, Center for Alternative Lifestyles, January 30 – 31, 2016. Denver, CO
- 2015 *The Status of Research on Non-monogamies*, American Sociological Association, August 6, 2015. Chicago, IL
- 2015 *Hope and Hardship: Issues for Polyamorous Families*, Keynote Address Atlanta Poly Weekend, June 9, 2015. Atlanta, GA
- 2015 *How Did we Get Here?: Family Changes and the Future of (non and serial) Monogamy*, Keynote address to InfinityCon, November, Atlanta GA
- 2014 *Bisexuality and 'Unicorn Hunting' Among Polyamorists*, Atlanta Poly Weekend, June, Atlanta, GA
- 2014 *Polyamorous Families with Children*, Eighth Bi-Annual Poly Living Conference, February, Philadelphia PA and Ninth Bi-Annual Poly Living Conference, April, Denver CO
- 2011 *The Polyamorists Next Door: Understanding Multiple-Partner Relationships*, Ninth Annual Suburban Studies Conference: Love Marriage, & the Family, Kennesaw State University, April, Kennesaw, GA
- 2010 *The Policy Implications of Polyaffectivity*, National Council on Family Relations Annual Meeting, November, Minneapolis MN
- 2007 *An Introduction to Polyamory: Definitions, Terminology, and Details*, Society for Sex Therapy and Research Annual Meeting, March, Atlanta, GA

Select Conference Presentations

- 2016 *Multiple Partner Marriage after Same Sex Marriage*, DragonCon Skeptic Track, September 2, 2016
- 2016 *Updates from The Polyamorists Next Door*, DragonCon Science Track, September 3, 2016
- 2014 *The Polyamorists Next Door*, Decatur Book Festival, August, Decatur, Georgia
- 2014 *Distinguishing Between Intimate Partner Violence and BDSM*, Georgia Psychological Association Annual Meeting, May, Athens, GA
- 2014 *Polyamorous Parenting*, Third Annual International Conference on the Future of Monogamy and Non-monogamy, February, Berkeley CA
- 2013 *Debunking the Legal Myths About Children in Polyamorous Families*, the Woodhull Summit for Sexual Freedom, September, Washington DC
- 2013 *Kids in Poly Families*, DragonCon Skeptic Track, August, Atlanta GA
- 2013 *Kinky Sex Makes the World Go Round*, DragonCon Science Track, August, Atlanta GA

- 2013 *What Professionals Need to Know About Kinky People: Understanding People in BDSM Relationships*, DragonCon Science Track, August, Atlanta GA
- 2013 *The Polyamorists Next Door*, DragonCon Science Track, August, Atlanta GA
- 2013 *What your Kids in Poly Families REALLY Think*, Frolicon Think Track, March, Atlanta GA
- 2013 *Dangers and Joys of Unicorn Hunting*, Frolicon Think Track, March, Atlanta GA
- 2013 *Freaky in Academia: Being Queer in the University*, Frolicon Think Track, March, Atlanta GA
- 2013 *Family Matters* with Ricci Levy from the Woodhull Sexual Freedom Alliance, Atlanta Poly Weekend, March, Atlanta GA
- 2013 *Results of the Polyamorous Family Study*, Atlanta Poly Weekend, March, Atlanta GA
- 2013 *Polyamorous Families with Children*, International Academic Polyamory Conference, February, Berkeley, CA
- 2012 *How Slippery is the Slope Between Same-Sex Marriage and Polyamory?*, DragonCon Skeptic Track, August, Atlanta GA
- 2012 *A Scientific Study of Polyamory: Results of a 15-year Study*, DragonCon Science Track, August, Atlanta GA
- 2012 *Child Protective Services and Children of Sexual Minorities*, Society for the Study of Social Problems Annual Meeting, August, Denver, CO
- 2012 *The State of Children in Polyamorous Families*, American Psychiatric Association Annual Meeting, May, Philadelphia, PA
- 2012 *An Overview of Polyamorous Families: Fifteen Years Later*, Southern Sociological Society Annual Meeting, March, New Orleans, LA
- 2011 *Using Feminist Research Methods to Study Sexual Minorities*, National Women's Studies Association Annual Meeting, November, Atlanta, GA
- 2011 *Bisexual Desire and the Unicorn: Polyamorists and Sexual Agency*, Society for the Study of Social Problems Annual Meeting, August, Las Vegas, NV
- 2010 *Navigating IRB Regulations in Sexuality Research*, Society for the Study of Social Problems Annual Meeting, August, Atlanta, GA
- 2010 *If Single Parenthood is such a Problem, Why Object to Multiple Parents?*, Society for the Study of Social Problems Annual Meeting, August, Atlanta, GA
- 2010 *Success on the Academic Job Market*, Southern Sociological Association Annual Meeting, April, Atlanta, GA
- 2010 *Ethnographic Fieldwork in a Sexualized Setting*, Southern Sociological Association Annual Meeting, April, Atlanta, GA
- 2009 *Strategies in Polyamorous Parenting*, Society for the Study of Social Problems Annual Meeting, August, San Francisco, CA
- 2008 *The Politics of Visibility: Sexual Minorities, Sexual Spaces*, Society for the Study of Social Problems Annual Meeting, August, Boston, MA
- 2007 *Polyamorous Parenting*, Society for the Scientific Study of

- 2007 Sexuality Annual Meeting, November, Indianapolis, Indiana
Kink Identities in the United States, Society for the Scientific Study of Sexuality Annual Meeting, November, Indianapolis, Indiana
- 2006 *Boundaries of Kink Identities Post Internet Revolution*, Society for the Study of Social Problems Annual Meeting, August, Montreal, Canada
- 2006 *Polyamorists Queering Nontraditional Families*, Southern Sociological Society Annual Meeting, March, New Orleans, LA
- 2005 *Sex-Positive Pedagogy: Establishing a Sex-Positive Departmental Environment and Researching Sexuality at Georgia State University*, Society for the Scientific Study of Sexuality Eastern/Midcontinent Annual Meeting, November, Atlanta, GA
- 2005 *Super Studs and Girlie Men: Spectrums of Polyamorous Masculinities*, American Sociological Association Annual Meeting, August, Philadelphia, PA
- 2005 *Having Children in Graduate School and Beyond*, Southern Sociological Society Annual Meeting, April, Charlotte, NC
- 2003 *Have Your Jake and Edith, Too: Bisexual Polyamorous Women and Desire*, Society for the Study of Social Problems Annual Meeting, August, Atlanta, GA
- 2003 *Queer Theory, Postmodernity, and Polyamorous Identity*, Evaluation and Ethnography Contemporary Research Forum, July, Boulder, CO
- 2003 *Polyamorous Community Lingo: Symbolic Interactionist View of Evolving Language*, Sociology in Progress, March, Boulder, CO
- 2002 *Unruly Women*, American Sociological Association, Annual Meeting, August, Chicago, IL
- 2002 *Implications of Online Community for Polyamorous Practitioners*, American Sociological Association, August, Chicago, IL
- 2002 *The Changing Family in the United States*, Symposium on Current Issues at the United Methodist Church, May, Boulder, CO
- 2001 *Ethical Sluts: Polyamorous Women and Feminist Sexual Agency*, Society for the Study of Social Problems, Annual Meeting, August, Anaheim, CA
- 2001 *Postmodern Polyamorous Families*, American Sociological Association, Annual Meeting, August, Anaheim, CA
- 1999 *Bisexual Identity*, Interdisciplinary Feminist Symposium, Annual Meeting, January, Boulder, CO
- 1999 *Growing Up Gay*, Simulation learning exercise, Diversity Forum, January, Boulder, CO
- 1998 *In Defense of Same Sex Marriage*, Interdisciplinary Feminist Symposium, Annual Meeting, February, Boulder, CO

Select Popular Press Interviews

Print

Domestic

- 2019 *New York Magazine*, “9 Things to Know about Having a Successful Open Relationship” Candice Jalili, April 3, 2019. <https://www.thecut.com/article/open-relationship-how-to-guide.html>
- 2018 *Vogue*, “What is Polyamory? This is What it’s Really Like to have Multiple Partners” Remy Rippon, October 26, 2018. https://www.vogue.com.au/culture/lifestyle/what-is-polyamory-this-is-what-its-really-like-to-have-multiple-partners/news-story/848f3c987c589a9ec656462d9836a66b?fbclid=IwAR2Fr8kUgW2pQBZ8h0wFiKHr19NhL6DO0_2qncYKhP9EldGgt4JNkCJw8g4
- 2017 *The Philadelphia Inquirer*, “You, Me, and Polyamory: Inside Philadelphia’s NonMonogamous Community” Anna Orso, December 14, 2017. https://www.inquirer.com/philly/living/sex_love_dating/relationships-sex-dating-polydelphia-20171214.html
- 2017 *Women’s Health*, “5 Steps You Should Take Before Starting an Open Relationship” Alexandria Gomez, June 27, 2017. <https://www.womenshealthmag.com/relationships/a19984317/open-relationships/>
- 2017 *New York Magazine*, “Maybe Monogamy Isn’t the Only Way to Love” Drake Baer, March 6, 2017. <https://www.thecut.com/2017/03/science-of-polyamory-open-relationships-and-nonmonogamy.html>
- 2016 *Shape Magazine*, “How to have a Healthy Polyamorous Relationship” Samantha Lefave, April 5, 2015. <https://www.shape.com/lifestyle/sex-and-love/how-have-healthy-polyamorous-relationship>
- 2014 *The Atlantic*, “Multiple Lovers, Without Jealousy,” July 21, Olga Khazan. <http://www.theatlantic.com/features/archive/2014/07/multiple-lovers-no-jealousy/374697/>
- 2013 *The Washingtonian*, “Married but Not Exclusive” August, Vol.8, No. 11, Brooke Lea Foster
- 2010 *The Boston Globe*, “Love’s New Frontier” January 23, 2010, Sandra Miller http://www.boston.com/bostonglobe/magazine/articles/2010/01/03/loves_new_frontier/
- 2009 *Newsweek*, “Only You. And You. And You.” July 29, 2009, Jessica Bennet <http://www.newsweek.com/2009/07/28/only-you-and-you-and-you.html>

International

- 2011 *Sunday London Times*
- 2010 *Mente e Cervello* (the Italian edition of Scientific American),
- 2010 *Elle* magazine in Quebec
- 2008 *Semana*, Columbia

Podcasts and Live Webcasts

- 2019 Marriage and Martinis, “Conversation with Dr. Elisabeth Sheff Polyamory Expert” 5/20/2019. <https://www.marriageandmartinis.com/podcast/episode/d525482e/conversation-with-polyamory-expert-dr-elisabeth-sheff>

- 2019 The Breakup Monologues. Bonus Episode with Dr. Elisabeth Sheff.
<https://www.stitcher.com/podcast/ian-collins-wants-a-word/the-breakup-monologues/e/59287983>
- 2019 Seek Discover Create, “Polyamory and you: Exploring Polyamorous...” Lexi Sylver, February 28, 2019. <https://www.stitcher.com/podcast/voice-america/sdc-presents-seek-discover-create-with-lexi-sylver/e/59121662>
- 2018 Multiamory, “Polyamory, Family, and Children” Episode 171, May 15, 2018.
<https://altparenting.substack.com/p/alt-parenting-3-poly-family-research-with-dr-eli-sheff>
- 2017 The KinkyCast, “Dr. Elisabeth Sheff and the Polyamorists Next Door” Episode 198. <https://www.kinkycast.com/archive/2017-archive/198---dr-elisabeth-sheff-.html>
- 2017 Black People Kink, “Interview with Dr. French Vanilla, Elisabeth Sheff”
<https://www.blackpeoplekink.com/podcast-2/>
- 2016 Talking to Kids About Sex, “Dr. Eli Sheff on Polyamorous Families” Anya Manes, <http://talktokidsaboutsexseries.com/elisabethsheff>
- 2016 Loving Without Boundaries, “Dr. Sheff on Family” Kitty Chambliss, September 14, 2016. <http://lovingwithoutboundaries.com/2016/09/14/podcast-interview-dr-sheff-on-family-with-kittys-husband-jj-chambliss/>
- 2016 Poly in the Cities, “Dr. Elisabeth Sheff and Stories from the Polycule” October 25, 2015. Episode 27. <https://polyinthecities.com/2015/10/25/episode-27-dr-elisabeth-sheff-and-stories-from-the-polycule/>
- 2015 Polyamory Weekly, “Stories from the Polycule” November 29, 2015.
<http://polyweekly.com/2015/11/pw-456-stories-from-the-polycule/>
- 2015 *Multiamory*, “Poly & Family with Dr. Elisabeth Sheff” Episode 45, September 25, 2015. <http://www.multiamory.com/podcast/45-poly-family-with-dr-elisabeth-sheff> or on You Tube <https://www.youtube.com/watch?v=HjeEp-IA5M4&feature=youtu.be>
- 2015 *Poly in the Cities*, “Dr. Elisabeth Sheff and Stories from the Polycule” Episode 27, October 25, 2015.
<http://www.hopesandfears.com/hopes/now/question/216753-are-humans-meant-to-be-monogamous>
- 2015 *Dating Skills Review*, “Successful Polyamory Strategies (That Can Make Monogamy Better Too) with Elisabeth Sheff” September 28, 2015.
<https://www.datingskillsreview.com/ep-101-successful-polyamory-strategies-elisabeth-sheff/>
- 2015 *The Other Future*, “10 Quick Questions for Dr. Eli Sheff” by Roy Waidler, July 29, 2015. <https://sites.google.com/site/theotherfuture/interviews>
- 2014 *HuffPost Live* “No Communication, No Open Relationship” Live Telecast with host Josh Zepps, <http://live.huffingtonpost.com/r/segment/trying-an-open-relationship/53ac8d0178c90a0767000162>
- 2014 *The Sex Geeks* ask about Atlanta Poly Weekend, May 15, 2014.
<http://sexgeeks.podbean.com/e/sexology-spotlight-atlanta-poly-weekend/>
- 2014 *io9 Live Webcast* Ask An Expert About Polyamory, Marriage, and Families.
<http://io9.com/ask-a-sociologist-about-polyamory-marriage-and-famili-1564221488>

- 2014 *The Sex Geeks* ask about research on polyamory, February 18, 2014.
<http://sexgeeks.podbean.com/2014/02/18/sexology-spotlight-polyamorous-families/>
- 2014 *Sex Out Loud* with Tristan Taormino, January 17, 2014
<http://www.voiceamerica.com/episode/75333/dr-eli-sheff-an-anita-wagner-illig-on-polyamory-nonmonogamy-and-the-current-reality-of-relationships>
- 2013 *Sex with Timaree* with Dr. Timaree Schmidt, October 8, 2013
<http://sexwithtimaree.com/>
- 2013 *Sex Out Loud* with Tristan Taormino, March 3, 2013
<http://tristantaormino.com/2013/03/05/mar-8-nan-kinney-on-real-lesbian-movies-dr-eli-sheff-on-polyamory-and-families/>
- 2012 *The Trash Talk Show* with Barb Tobias, September 27, 2012,
<http://www.blogtalkradio.com/thetrashtalkshow/2012/09/27/welcome-elisabeth-sheff-phd>
- 2010 *Polyamory Weekly*, “Poly Families: New Sociological Research,”
<http://polyweekly.com/?s=sociology+of+poly+families>
- 2009 *How Stuff Works*, “Stuff Mom Never Told You”
<http://www.howstuffworks.com/search.php?terms=stuff+mom+never+told+you+>

Online News and Magazines

- 2019 Pure Wow, The Most Common Open Relationship Rules, Michele Laufik, August 12, 2019. <https://www.purewow.com/wellness/open-relationship-rules>
- 2019 Chicago Tribune Redeye, “No Ordinary Love: Polyamorous Partners Celebrate Valentine’s Day Their Way” Demetria Mosley, February 12, 2019.
<https://www.chicagotribune.com/redeye/ct-redeye-how-polyamorous-couples-celebrate-valentines-day-0214-story.html>
- 2018 Quartz, “Polyamorous Sex is the most Quietly Revolutionary Political Weapon in the United States” Olivia Goldhill, December 20, 2018.
<https://qz.com/1501725/polyamorous-sex-is-the-most-quietly-revolutionary-political-weapon-in-the-united-states/>
- 2018 Cosmopolitan, “Your Everything-Guide to Starting an Open Relationship,” Julia Pugachevsky, November 27, 2018. <https://www.cosmopolitan.com/sex-love/advice/a6121/open-relationship-tips/>
- 2018 Business Insider, “What it Means for Couples to go “Unicorn Hunting” – Andy Why it Usually Doesn’t End Well” Lindsay Dodgson, November 5, 2018.
<https://www.businessinsider.com/why-unicorn-hunting-in-polyamorous-relationships-isnt-a-good-idea-2017-11?r=UK>
- 2018 Global News, “Choosing Your Own Family Members can be Life Saving: Here’s Why These Canadians Did it” Arti Patel, October 7, 2018.
<https://www.cosmopolitan.com/sex-love/advice/a6121/open-relationship-tips/>
- 2018 AltParenting, “Poly Family Research with Dr. Eli Sheff” August 26, 2018.
<https://altparenting.substack.com/p/alt-parenting-3-poly-family-research-with-dr-eli-sheff>

- 2018 Glam, "Survey Says This is What Women Really Want on Valentine's Day" Zoe Weiner, February 12, 2018. <https://www.glam.com/relationships/women-want-to-try-out-new-things-in-bedroom/>
- 2017 the native society, "Spotlight on Research: Dr. Elisabeth Sheff" <https://www.thenativesociety.com/nativeadmission/2018/1/9/dr-elisabeth-sheff-expert-witness-relationship-consultant-pu.html>
- 2017 Business Insider, "This is Why Polaymorous People Don't Feel Jealousy" Lindsay Dodgson, November 28, 2017. <https://www.businessinsider.com/people-with-multiple-partners-really-might-not-feel-jealousy-2017-11?r=UK>
- 2017 Well and Good, "Are Open Relationships the Healthiest Kind?" Zoe Weiner, July 11, 2017. <https://www.wellandgood.com/good-advice/health-pros-cons-of-open-relationship/>
- 2017 Psych2Go, "Polyamory: An Eye-Opening Interview with Dr. Elisabeth Sheff" <https://psych2go.net/polyamory-eye-opening-interview-elisabeth-sheff/>
- 2016 Poly Role Models, "Conversations with Dr. Eli" <https://polyrolemodels.tumblr.com/post/131651255275/dr-elisabeth-sheff>
- 2015 Polyamory Weekly, "Q & A with Stories from the Polycule author Elisabeth Sheff" November 10, 2015. <http://polyweekly.com/?s=Sheff>
- 2015 *Vice*, "Death is Way More Complicated When you are Polyamorous," by Simon Davis. November 9, 2015. <http://www.vice.com/read/death-is-way-more-complicated-when-youre-polyamorous-511>
- 2015 *Hopes and Fears*, "Are Humans Meant to be Monogamous?" by Laura Yan, October 28, 2015. <http://www.hopesandfears.com/hopes/now/question/216753-are-humans-meant-to-be-monogamous>
- 2014 *The Atlantic*, "Multiple Lovers, Without Jealousy" by Olga Khazan, July 21, 2014. <http://www.theatlantic.com/health/archive/2014/07/multiple-lovers-no-jealousy/374697/>
- 2014 *Huffington Post*, "Who are the Polyamorists Next Door?" by Arin Greenwood, March 5. http://www.huffingtonpost.com/2014/03/05/elisabeth-sheff-polyamory_n_4898961.html?1394034298
- 2013 *CNN.com*, "Polyamory: When Three is not a Crowd" by Emmannuella Grinberg, October 26. http://www.cnn.com/2013/10/26/living/relationships-polyamory/index.html?hpt=hp_c3
- 2013 *livescience*, "New Sexual Revolution: Polyamory May be Good For You" by Stephanie Pappas, February 14. http://www.livescience.com/27129-polyamory-good-relationships.html?goback=%2Egde_1793414_member_21
- 2010 *Momlogic.com*, "It's Not Swinging if You're Committed!" by Ronda Kaysen, February 9. http://www.momlogic.com/2010/02/swinging_for_the_committed_set_polyamorous.php
- 2010 *Seattle Met*, "More to Love, and Much More Time Spent on Communication" by Kathryn Robinson, June 15. <http://www.seattlemet.com/issues/archives/articles/polyamory-elisabeth-sheff-0610/1/>

Radio

- 2019 “The New Sexual Revolution: Polyamory on the Rise.” 1A, National Public Radio, February 18, 2019. <https://the1a.org/shows/2019-02-18/polyamory>
- 2014 *You and Me, Plus Three*, Break Through Radio, Host Lisa Autz, June 6, <http://breakthruadio.com/#/post/?blog=72&post=37821#.U5ILCqo05t0.wordpress>
- 2013 *Central Time*, Wisconsin Public Radio, 4:30PM, November 18, 2013 <http://www.wpr.org/polyamorists-next-door>
- 2012 The Women’s Radio Network <http://www.krcn1060.com/>
- 2011 National Public Radio program *Youth Radio* for an episode entitled “Families like Ours,” airing Fall 2011
- 2009 Radio Slovenia interview February 11, 2009

Television

- 2017 Appearance, ABC News, “How this Polyamorous Couple Plans to Celebrate Valentine’s Day” Joi-Marie McKenzie, February 10, 2017. <https://abcnews.go.com/Lifestyle/polyamorous-couple-plans-celebrate-valentines-day/story?id=45376083>
- 2016 Appearance, Love Maps, “Exploring Polyamory” AIB Broadcasting Network, August 25, 2016. www.aibtv.com/aibeverywhere
- 2014 Appearance, *Sunrise* morning show, Sydney, Australia, “Me, My Husband, and My Lover” <https://au.tv.yahoo.com/sunrise/video/watch/22603755/me-my-husband-and-my-lover/>
- 2012 Appearance, *The Ricki Lake Show* episode “Let’s Talk About Sex”
- 2011 Appearance, National Geographic television series *Taboo* episode entitled “Odd Couples” (aired on January 17, 2012, episode 8)
- 2010 Background information for the Discovery Channel’s *I’m Pregnant And...*,
- 2009 Background information for the Canadian National Television series *The Bigger Picture*
- 2006 Appearance, *Why are Women Marrying Later?*, CNN

Film

- 2014 Appearance in *Why Knot?* <http://whyknotmovie.com/>
- 2011 Appearance in *BDSM: Education and Experience*
- 2011 Consultation for *Transgender Lives* (documentary in production)

Grants and Awards

- 2013 LGBTQ Rights are Human Rights Campaign Competition, United States Human Rights Network and the Woodhull Alliance for Sexual Freedom, \$1,800
- 2012 Erwin O. Smigel Award, Society for the Study of Social Problems, \$500
- 2008 Writing Across the Curriculum Faculty Development Grant, Georgia State University, \$2,000

- 2006 Sociology Department Research Support Award, Georgia State University, \$1,000
- 2005 Research Initiation Grant for “Overlapping Sexual Identities” project, Georgia State University, \$10,000
- 2004 Sociology Department Research Support Award, Georgia State University, \$1,000
- 2004 First Place, Graduate Student Paper Competition, Society for the Study of Social Problems, *Family Division*
- 2003 Betsy Moen “Walk the Talk” Award for Feminist Research, Activism, and Teaching, University of Colorado, Feminist Scholars in Sociology
- 2002 First Place, Graduate Student Paper Competition, Society for the Study of Social Problems, *Sexual Behavior, Politics, and Communities Division*
- 1999 Beverly Sears Graduate Student Grant Award, University of Colorado, \$630

Professional Service

Organizations Sheff Founded

- 2014 Atlanta Social Science Tavern
- 2012 Sheff Consulting Group
- 2006 PolyamoryResearchers

Established Organizations

- 2019 Co-Chair, Legal Issues Facing Consensual NonMonogamists, Division 44, American Psychological Association
- 2015 Session Organizer, American Sociological Association, Annual Meeting
- 2014 Editorial Board, Electronic Journal of Human Sexualities
- 2014 External Reviewer, New York University Press
- 2012–2016 Director, Family Matters Project, Woodhull Alliance for Sexual Freedom
- 2011-2016 Court Appointed Special Advocate, Fulton County, Georgia
- 2011-2013 Member, Board of Directors, Society for the Study of Social Problems
- 2012 Volunteer, Workplace Summit, Out and Equal, October, Baltimore MD
- 2012 Volunteer, Creating Change Conference, National Gay and Lesbian Task Force, September, Atlanta GA
- 2011 External Reviewer, *Journal of Contemporary Ethnography*
- 2011 External Reviewer, *Sexualities*
- 2011 Panel Organizer, Society for the Study of Social Problems, Family and Research Divisions
- 2011 Mentor to two graduate students, Society for the Study of Social Problems Mentoring Program for the Annual Meeting, August, Las Vegas, NV
- 2010 External Reviewer, *Electronic Journal of Human Sexuality*
- 2009 Panel Organizer, Society for the Study of Social Problems, Family Division
- 2008-2010 Chair, Society for the Study of Social Problems, Sexual Behavior, Politics

- and Communities Division
- 2009 External Reviewer, *Electronic Journal of Human Sexuality*
- 2008 Chair, Society for the Study of Social Problems Outstanding Student Paper Competition Committee, Sexual Behavior, Politics and Communities Division
- 2008 – 2009 Local Arrangements Committee, Sociologists for Women in Society Winter meeting, Savannah, Georgia, February 2009
- 2008 Panel Organizer, *Current Research in Polyamory*, Society for the Scientific Study of Sexuality, Western Regional Meeting, March, San Diego, CA
- 2007 Membership Committee, Southern Sociological Society
- 2007 Membership Committee, Sociologists for Women in Society
- 2007 External Reviewer, Temple University Press
- 2007 External Reviewer, Sage Publications/Pine Forge Press
- 2007 Co-chair, Fundraising Committee, Sociologists for Women in Society
- 2007 Panel Organizer, *The View From the End: Experienced Graduate Students and What They Wish They Had Known When They Started Grad School*, Southern Sociological Society Annual Meeting, March, Atlanta, GA
- 2007 Panel Organizer, *Sociology of the (Sexed and Gendered) Body*. Southern Sociological Society Annual Meeting, March, Atlanta, GA
- 2006 Committee Member, Student Paper Competition for the Sexual Behavior, Politics, and Communities Division, Society for the Study of Social Problems
- 2006 HAND mentor program coordinator, Sociologists for Women in Society
- 2006 Membership committee regional coordinator, Sociologists for Women in Society
- 2006 External Reviewer, *Journal of Sex Roles*
- 2006 External Reviewer, Temple University Press
- 2006 External Reviewer, *Signs Journal*
- 2006 Discussant and Presider, *Risky Professions: Politics of being “Sexed” in Academia*, Society for the Study of Social Problems Annual Meeting, August, Montreal, Canada
- 2006 Panel Organizer, *Queer and Beyond: Families in the New Millennium*, Southern Sociological Society Annual Meeting, March, New Orleans, LA
- 2005 Panel Organizer, *Creating a Sex-Positive Academic and Research Environment at Georgia State University*, Society for the Scientific Study of Sexuality Annual Meeting, October, Atlanta, GA
- 2005 External Reviewer, Roxbury Publishing.
- 2005 Panel Discussant and Presider, *Exploring Sexualities*, Society for the Study of Social Problems Annual Meeting, August, Philadelphia, PA
- 2004 Panel Organizer, *Alternative/Non-Normative Families*, Pacific Sociological Association Annual Meeting, April 2005, Portland, OR
- 2002 Discussant and Presider, *New Directions in Sociology Roundtable*, American Sociological Association Annual Meeting, August, Chicago, IL
- 2001–2003 External Reviewer, Harper and Row

Academic Service

2019	Co-Editor, Sex and Gender Diversity Book Series, Rowman & Littlefield
2011 – 2012	Chair of the Sex and Gender Concentration Qualifying Exam Committee, member Technology Committee, Colloquium Committee, Department of Sociology, Georgia State University; Graduate Committee, WEAVE Evaluation Committee, and Comprehensive Exam Committee, Women’s Studies Institute, Georgia State University
2010 – 2011	Colloquium Committee, Executive Committee, Community Outreach Committee, Department of Sociology, Georgia State University; Executive Committee, Graduate Committee, and Comprehensive Exam Committee, Women’s Studies Institute, Georgia State University
2009 – 2010	Colloquium Committee, Executive Committee, Community Outreach Committee, Department of Sociology, Georgia State University
2008 – 2009	Executive Committee, Graduate Committee, and Chair Evaluation Committee, Women’s Studies Institute, Georgia State University
2008 – 2009	Undergraduate Committee, Research Committee, and Colloquium Committees, Sociology Department, Georgia State University
2007-2008	Executive Committee, Graduate Committee, and Research Committees, Sociology Department, Georgia State University
2006	Family and Lifecourse Concentration Area Self Study, Sociology Department, Georgia State University
2006-2007	Teaching Committee, Sociopath Committee, Diversity Committee, Sociology Department, Georgia State University
2002-2003	Advisory Board Member, Leadership Education for Advancement and Promotion, University of Colorado
1999-2002	Advisory Board Member, Women’s Resource Center, University of Colorado
1999-2000	Organizer, Department of Sociology Diversity Committee, University of Colorado
1999-2000	President, Interdisciplinary Feminist Symposium Committee, University of Colorado
1997-1999	Organizer, Interdisciplinary Feminist Symposium, University of Colorado
1992-1995	Board Member, Women’s Resource Center, California State University, Sonoma
1993-1994	President, Sonoma Earth Action, California State University, Sonoma

Select Research Experience

- (2006 - 2019) **Longitudinal Polyamorous Family Study**. Longitudinal ethnographic and internet study of people who identify as polyamorous and are parents. This study examines polyamorous families’ relational structures, stability or continuity, parenting practices, perceived impact on children, division of household and parental labor, and interactions with extended and/or biological families.

- (2014) **Optimal Aging in Diverse Relationships**. A three-part study with Co-PI with Tracey Gendron (Assistant Professor of Gerontology, Virginia Commonwealth University), we are designing a survey and interview protocols examining health, life satisfaction, and social support among non-monogamists living in the United States including adulterers/cheaters, polyamorists, polygamists, swingers, and others with multiple partners. Pending the outcome of our application for a grant, we hope to purchase a question about
- (2014) **General Social Survey Proposal**. In collaboration with an interdisciplinary team, I am proposing a question on the prevalence of non-monogamy and/or module on attitudes towards various forms of no-monogamy for the 2016 General Social Survey call for proposals for unfunded questions.
- (2005 – 2006) **Are you Kinky?** This pilot study originally attempted to test an Internet questionnaire related to people who identify as kinky. The pilot study indicated that the questionnaire was an inappropriate tool for such a complex subject and the second portion of the study focused on to refining an interview template. This study is temporarily halted while I wait to receive notification from a granting agency regarding receipt of a grant to fund the research.
- (June 2003 – December 2003) **Bureau of Science Initiatives and Ethnography and Evaluation Research**. Interviewed alumni of science program at the University of Colorado, Boulder. Created code book and coded open-ended responses to undergraduate and advisor surveys.
- (December 2002 – December 2003) **National Science Foundation Advance Grant and University of Colorado, Boulder**. Assisted the Leadership Education Advancement and Promotion (LEAP) project by collecting data on pay equity, writing and distributing climate survey, annotating bibliographies, and writing reports detailing our findings.
- (June 1997 – December 1998) **National Renewable Energy Laboratory and University of Colorado, Boulder**. Assisted a pilot study in which I interviewed utility customers regarding grid-tied rooftop photovoltaic systems, designed the code-book, and coded the interviews. We then created and distributed a questionnaire, and I managed the resulting data.
- (1996 - 2005) **Dissertation of Polyamorous Subcultures in the United States**. Seven years of participant observation, in-depth interviews, documentary analysis, and data analysis for my dissertation research.

Affiliations

- 2012 – 2019 American Association of Sexuality Educators, Counselors, and Therapists (AASECT)
- 2012 – 2019 Woodhull Alliance for Sexual Freedom
- 2006 - 2019 Community Academic Consortium for Research on Alternative Sexualities (CARAS)
- 2006 - 2019 PolyResearchers
- 2005 - 2012 Society for the Scientific Study of Sexuality (SSSS)
- 2001 - 2012 Society for the Study of Social Problems (SSSP)

2001 - 2012 Sociologists for Women in Society (SWS)
1996 - 2011 American Sociological Association (ASA)
2004 - 2012 Women's Studies Institute (WSI), Georgia State University

Letters of Recommendation

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