

LALO NAHUI BECERRA (THEY/HE), LMSW

**SOCIAL WORKER,
SPIRITUAL HEALER**

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EDUCATION

2020 / 2023 *New York University*
Master of Social Work

2013 / 2017 *San Francisco State University*
**Bachelor of Arts in English
w/ Minor in Sexuality Studies**

EXPERIENCE

Psychotherapist

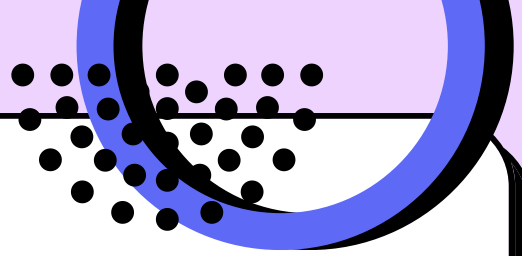
July 2024 – Present Triska Psychotherapy

- Working on a collaborative, healing centered and strengths based approach with clients in sessions via telehealth
- Utilizing various modalities such as ERP, ACT, DBT, CBT and an eclectic relational approach
- Facilitating support groups tailored to QTBIPOC neurodivergent individuals

Psychotherapist

February 2024–July 2024
Liberation Based Therapy

- Providing affirming individual therapy for LGBTQ+ clients with an eclectic approach
- Attending individual and group supervision, maintaining a caseload with progress notes and treatment plans



ABOUT ME



I am a queer nonbinary Latine, and spiritual therapist with a deep commitment for uplifting the mental and emotional well-being of queer, trans, Black, and brown folks of the global majority. I bring expertise in providing decolonial and anti-oppressive, affirming therapy. With a focus on agency, accessibility, and care, I am passionate about helping individuals navigate their unique journeys toward self-determination and collective liberation.

SKILLS/EXTRACURRICULARS

- Spiritual Healing Services: Provided astrology, tarot, and moon gatherings, focusing on collective wellbeing.
- Mentorship: Provided guidance to peers and new team members, fostering growth and learning.
- Facilitating processing spaces for QTBIPOC mental health practitioners